



There are many organizations that may be able to help you. Some of them are listed below.

For helpful, in depth information on many frequently asked legal questions, visit our [Elder Rights Handbook](#).

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Other Services in Maine

- [Office of Aging and Disability Services](#)
- [Alzheimer's Association, Maine Chapter](#)
- [Maine Long Term Care Ombudsman Program](#)
- Area Agencies on Aging:
 - [Aroostook Area Agency on Aging](#)
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 - [Spectrum Generations](#)
 - [SeniorsPlus](#)
 - [Southern Maine Agency on Aging](#)

Legal Services Outside of Maine

- [Center for Social Gerontology](#)
- [Eldercare Locator](#)

For a complete list of links to agencies that provide free legal services to people with low incomes, including seniors, go to the [Pine Tree Legal Assistance](#) website.

Caregiving

- [Administration for Community Living](#)
- [Family Caregiver Alliance](#)
- [National Alliance for Caregiving](#)
- [Caregiver Action Network](#)
- [Caregiving in Maine](#)

End of Life Care

- [Hospice Foundation of America](#)
- [Maine Hospice Council](#)

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